

Camp Description:

Daily Schedule:

Swim first...start the day with a splash in our outdoor pool. Swim lessons emphasize technique and safety. There is also time for free non-instruction swimming. The main focus is to help the camper learn to swim safely in any conditions.

Lunch is served at the outdoor pool at noon, or in the Café if weather dictates. We have created a quality healthy and tasty menu.

Tennis instruction takes place in the afternoon using the 10 & Under system with special balls and rackets. Again, the goal is to have the camper proficient enough to enjoy the sport with others.



Staff:

Tennis Pro Steve Summer is a USP-TA Elite Pro who has been coaching for 20 plus years, specializes in working with young children of all levels. Access to the indoor courts insures a great experience.



Swim Coach Lisa Marie Meakin has taught swimming for the YMCA, an experienced water exercise instructor and certified Red Cross to train others to become lifeguards through the Red Cross. She has been working with various children camps and programs in the Bay Area for the last 10 years. Once again, access to the indoor pool is real plus during the summer months.



Swim & Tennis Camps

Certified USPTA instructors...that focus on real learning and improvement.

Learn to play tennis and swim to enjoy the remainder of the summer and the rest of your life.

Mt. Tam Racquet Club
1 Larkspur Plaza Drive
Larkspur, CA 94939
924-6226
email: info@MtTamRC.com
www.MtTamRC.com

Dates and Times:

June 18-22
10am—3pm

June 25-29
10am—3pm

These camps available to ages: 6 to 11

Pre and post camp supervision—\$10/hr
9am—10am
3pm—4pm.



Swim-Tennis Camps: Enter number of campers: _____
June 18____ June 25____

Please indicate Swimming Level:

- Beginner (working on side breathing)
- Intermediate (multiple strokes)
- Advanced (swim team experience)

Please indicate Tennis Level:

- Beginner (just learning stroke production)
- Intermediate (can keep the ball in play)
- Advanced (has learned to play games)

Camp Fees – Non-refundable, transferable for 2018 camp date change.

Includes Lunch & Snack

MTRC Member: we will charge your club account
Swim-Tennis Camp: \$450

Non-Member: Check or Credit Card with Registration
Swim-Tennis Camp: \$475

Please return completed form to:

Mt. Tam Racquet Club
PO Box 116
Larkspur CA. 94977

You can also register on line at www.MtTamRC.com. When going to the site, click on Camp Registration and follow the instructions. Mt. Tam members can access the Camp Registration through their membership portal.

Child Information

Name: _____ Age: ____ Male / Female (please circle)
Address: _____ City: _____ Zip: _____
School: _____ Grade Fall 2018: _____

Family Information

Parent/Guardian Name _____ Phone (H) _____ Cell
Phone _____
Email _____
Address _____
Parent/Guardian Name _____ Phone (H) _____ Cell
Phone _____
Email _____
Address _____

Emergency Care Information

Doctor _____ Phone: _____
Address: _____
Hospital Preference: _____ Phone: _____
Medical Insurance Carrier: _____ Policy# _____
Dentist: _____ Phone: _____
Dental Insurance Carrier: _____ Policy# _____

Emergency contacts: (parents will be contacted first) and persons Authorized to pick-up child

Name _____ Phone: _____
Name _____ Phone: _____
Name _____ Phone: _____

Child's Medical History and Allergy Information

Medications: _____
Allergies: _____

Consent for Medical Treatment and Waiver

In the event of an emergency when I cannot be reached, I give my permission to Mt. Tam Racquet Club and Multi Sport Kids Camp staff to obtain medical treatment for my child. I hereby release Mt. Tam Racquet Club, its staff and employees from any and all claims of liability or damages while participating in Multi Sports Kids Camp.

Parent/Guardian Signature

_____ Date: _____