



Newsletter

January 2025

At your service in 2025...

We've had some staff return, but like many other businesses, we've had to hire new people. Historically, we have used the January newsletter to introduce our staff, which we will do again.

Those people in the glass office in the Lobby are Dick Lahey, President, who was one of the founders of the Club in 1974 and has served in this capacity since 1976. Kaitlyn Larkin is our General Manager.

The Reception Desk staff is led by Kaitlyn and Vincent Troung. We have been very fortunate to keep our long-time morning captain, Vicky Cunningham. Vicky arrives every morning around 3am to make sure the Club is ready for you at the 4:45am opening! Reception Desk Staff include Kris Stensland, Tudor Quinn, Daron Austin, Lachlan Skolnik, Sophie Barton, Mathew Milan, Elam Schiller, Sean Galetta, Andrew Gorczycki, Haider Alzerjawi.

The Café is supervised by Vince with Chef, Jesus Vara cooking and creating a menu focused on consistency and taste.

Many of you have had interactions with our Accounting Manager, Jodie Hawley. Jodie is also our Fitness Director as well as a trainer and Pilates class instructor.

Katie Kelly is our Swim Director and also the Summer Camp Director. She holds the rare credentials of being certified to train and certify lifeguards and also to certify for CPR credentials.

A key component of the operation of the Club is the maintenance/house cleaning crew. Many members recognize Gladys Perez, who works during the day along with her sister, Victoria, but seldom see her husband, William, who comes at night to do the evening cleaning. During the day, Jose Puertas and Alex Vela keep the Club running smoothly, handling most maintenance and repair issues.

The fitness floor and the maintenance of all the machines are managed by Sean Cunningham with the assistance of Bob Collins.

You will notice many of these also work shifts in the Café and Reception Desk, in order for us to have more complete coverage.

New Year's Day

Club Hours 7am-7pm
No Fitness Classes

Martin Luther King Day

Monday, January 20
Club Hours 7am-9pm
Special Fitness Classes in the AM only
Will be announced.

Pickle Ball New Hours

Little by little this program grows and as it does the demand changes. With that said, the group is moving up it's start time to 2pm and ending at 4pm.

New Wine List

We altered our selections in the Café in an effort to provide more variety and quality, at the same time still provide affordable wines by the glass or the bottle. Check out the new menu next time you come in.

Towel Returns Near Locker Rooms

As a convenience to members, we are returning to providing towel service to the location near the entrance to the indoor pool.



THANK
YOU and
HAPPY
NEW
YEAR!

At this time, please note that all usage must be through MyClubLives, except for the gym

Club Hours:

Weekdays: 4:45am - 10:00pm

Weekends: 6:45am - 9:00pm

Café: Monday 11am - 5pm

Tuesday - Sunday 10:30am - 5pm

Indoor Courts are closed Monday mornings for lessons and maintenance.

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Fitness Updates

Power Pilates Returns January 3

Mondays, Wednesdays and Fridays 9:30-10:30 a.m. with Jodie returns beginning January 3rd on the basketball court. Power Pilates is a mat-based, Pilates fusion class incorporating gliders, weights, tubing, bands, rollers, balance disks, BOSUs and other equipment into a fun and challenging course. All levels are welcome, modifications are always offered, and instruction is based on classic Pilates-based cuing, with three ways to perform each exercise: Beginner/intermediate, modified, and advance variations.



Guest Policy Reviewed...

We made some substantial changes in our Guest Policy a few months ago, but seems it may still be a bit confusing. All Guests must be checked in and must sign a Liability Waiver to be on the property. You may have as many guests as you want, never more than three at a time (that's so you can play doubles), but no guest can come to the Club more than once a month. This can be difficult for some because they may not be aware that the person they invited has already used the Club once during that month with another member. This is noted on the Guest Card, but this issue still pops up every once in a while. Best approach is to ask your guest prior to inviting them to the Club if they have been a guest during that month.

Also, with MyClubLives, you will want to add the name of the guest(s) to your reservation. This, too, will help track guest usage. Remember, you can change the name of your guest anytime before taking the court, so you will not be stuck with only one choice.

Finally, please remember that guests are never allowed on the Challenge Courts. Often you will see people with their guests move to an open Challenge court when their reservation has ended. This only causes issues as you never know when there might be sudden demand for the Challenge Court by members, so we discourage this at all times. Easy to remember...guests on reserved courts only.